



Introducing...
**West End &
Sunnyside**

at Speedwell Court, Southampton

Abbeyfield
Making time for older people

Two residential dementia households situated on the first floor are supported by a caring team, who understand the needs of those who live with dementia, but are perhaps in the early part of their journey, many still enjoying a physically active lifestyle.

Social dining is an important part of socialising and retaining social stimulation, we encourage residents to enjoy their meals in the Dining Rooms, we are able to provide service to rooms for days when residents feel less able.

West End and Sunnyside Sitting Rooms are designed to suit all our residents living preferences, which means that background music is played, unless a quieter atmosphere is preferred. We encourage residents to use these areas for quieter activities like reading or perhaps playing games with one another.



Assisted bathrooms are a relaxing alternative to a shower for those who like a soak, we can even make this more of a pamper time, with the use of the spa bath and mood lighting, even music.

Situated on the first floor Residents have easy access to the Grand Theatre Cinema, with regular film screenings and a sheltered balcony overlooking our sunny enclosed gardens.

Abbeyfield

Not-for-profit
care for older people.

Speedwell Court, Mansbridge Road,
West End, Southampton SO18 3HW

Telephone: 023 8235 6990
email: speedwell@abbeyfield.com

Inspected and rated

Good

 Care Quality
Commission

Registered Charity Number 200719. Registered in England and Wales, Company 574816

www.abbeyfield.com



Introducing...
**The Speedwell
Heroes**

at Speedwell Court, Southampton

Abbeyfield
Making time for older people

We are proud of our team who have been named Speedwell Heroes, rewarded for going above and beyond their usual duties in a regular Rewards scheme which we encourage Residents, Families and Staff to vote for staff members they would like recognised.

Our Care team not only have a wealth of experience, but see their role as being part of the Speedwell family.

Abbeyfield Speedwell Court have their own staff team all of whom must complete regular ongoing training as part of Abbeyfield's Learning & Development programme.

Speedwell Court is registered with the regulating body the Care Quality Commission as a provider of Residential Care with particular specialities of service, including dementia care and palliative care.

What makes our Heroes even more effective in supporting our residents, are those carrying out all the other roles and needs of our residents including our Activities, Catering, Housekeeping, Maintenance and Reception team members.



Abbeyfield

Not-for-profit
care for older people.

Speedwell Court, Mansbridge Road,
West End, Southampton SO18 3HW

Telephone: 023 8235 6990
email: speedwell@abbeyfield.com

Inspected and rated

Good



Registered Charity Number 200719. Registered in England and Wales, Company 574816

www.abbeyfield.com



Introducing...
**Buttercup
Lane**

at Speedwell Court, Southampton

Abbeyfield
Making time for older people

Home to residents who dementia care to manage their regular routine, safe in the knowledge that their lifestyle is supported throughout the day and night time.

A fully self contained and secure community, Buttercup Lane residents enjoy direct access to the wrap round roof terrace, to enjoy fresh air at any time and views of our own lovely gardens.

Supported by a passionate care team, who understand the needs of those who live with dementia enabling residents to safely retain skills and independence in a relaxed homely environment for people at differing stages of the dementia journey.



Abbeyfield

Not-for-profit
care for older people.

Speedwell Court, Mansbridge Road,
West End, Southampton SO18 3HW

Telephone: 023 8235 6990
email: speedwell@abbeyfield.com

Inspected and rated

Good



Registered Charity Number 200719. Registered in England and Wales, Company 574816

www.abbeyfield.com



Introducing...
**Memory
Lane**

at Speedwell Court, Southampton

Abbeyfield
Making time for older people

Designed to complement Abbeyfield's long established supported living communities, Speedwell Court provides residential care for those who need that added peace of mind, knowing someone is there at all times, night and day. Care team members who understand the needs of older people our Speedwell Heroes!

We know that loneliness can have a detrimental effect on health and wellbeing, which is why Abbeyfield's long held principle of being able to share meal times and activities is so important.

Regardless of physical ability, residents are encouraged to take part in interests they enjoy, re-discover hobbies and re-engage with the greater community.

Our dedicated Activities team ensure that a wide range of activities include favourite pastimes and new interests, whether as a group or a one to one activity.

A full Catering team are proud to create traditional home cooked meals providing a varied menu choice, engaging with residents to select preferences for the next Season's menus and even using our own home grown produce.



Abbeyfield

Not-for-profit
care for older people.

Speedwell Court, Mansbridge Road,
West End, Southampton SO18 3HW

Telephone: 023 8235 6990
email: speedwell@abbeyfield.com



Registered Charity Number 200719. Registered in England and Wales, Company 574816

www.abbeyfield.com