

Ngoc's Easy Muffins

By Ngoc Barrington (Tamar House)

Abbeyfield
Making time for older people



Makes 16 muffins



Prep: 10 minutes

Cook: 15-20 minutes

INGREDIENTS

125ml cooking oil

250ml milk

2 eggs

400g self raising flour

1 teaspoon baking powder

Couple of drops of vanilla essence

200g caster sugar

2oz chocolate chips (can be replaced with cherries or dried fruit or even blueberries)

METHOD

1. Mix eggs, oil, milk and sugar together beat well
2. Add couple drops vanilla essence
3. Sieve dried ingredients and fold in
4. Cook at 180c for 15-20 minutes

#ATasteOfAbbeyfield