



Sarnia House

Sheltered Housing in Kettering



Welcome to Sarnia House

At Sarnia House, we offer older people a space to live independently, with the privacy of their own accommodation, but in a warm and welcoming communal house.

At Abbeyfield we offer a home from home experience and our staff are crucial to creating this homely, friendly and welcoming environment.

Delicious, daily home-cooked meals and communal area housekeeping are organised and all your household bills are included in the cost, leaving you free to enjoy your time.

If you choose to live with us, you'll enjoy your own comfortable room, socialising in shared lounges and dining areas, and a beautiful garden to relax in.



Happiness starts with you

We believe in enjoying later life and an Abbeyfield house will always offer you the opportunity to get involved in activities and entertainment – which is a big part of life in our houses.

“I am very happy to be here in a comfortable house with a lovely garden and surroundings.”



Abbeyfield features

Sarnia House has 20 studio flats, plus two larger apartments, all with kitchenettes and en-suite bathrooms. Our communal spaces take shape as a lounge, dining room and large garden which residents are welcome to use at their leisure.

Along with great companionship, we offer home cooked meals and the security and support of dedicated house staff.

Your retirement

When you live with Abbeyfield you are part of our community and the wider local community too.

Connected by our staff and volunteers, people who choose to share their time with you organising popping in for a cup of tea and a chat, or being involved in the day-to-day life of our house.

We have established connections with people in our local community who offer varied conversation and a chance to compare different experiences. Variety is the key to any community and we're very proud to offer this at Sarnia House.



Your safety and quality assurance

You can't enjoy peace of mind without trust.

This is why Sarnia House is registered and regulated by Homes England.

But our quality control doesn't end there – the opinions of our residents matter too. We have regular resident and family meetings, so we can get feedback on how we can improve our service at Sarnia House.

“These aspects of life at Sarnia House sets us apart from other providers.”



The Abbeyfield Promise:

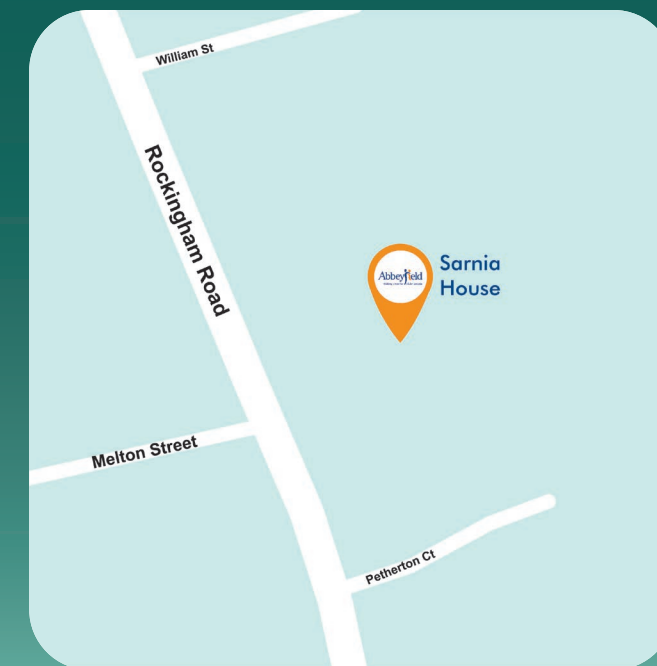
Time to enjoy life

Making time for you is at the heart of everything we do.

Our promise means that your time is well spent on the things that matter; lasting friendships, understanding your individual needs and making every day fulfilling - so that you feel valued, content, cared for and safe.

Your community

Located outside of Kettering city centre, Sarnia House is close to convenience stores and is a short bus ride away from Newlands Shopping Centre. For residents.





Please do get in touch

Whether you're considering Sarnia House for yourself or a family member, if you've just started exploring options or are ready to take the next step, we are here to talk.

Call us on **01536 512793**

Email us at **Kettering.Sarnia@abbeyfield.com**

Sarnia House

86 Rockingham Road, Kettering, Northants, NN16 9AD

www.abbeyfield.com/Sarnia-House