# **good**food

## Lancashire hotpot



Prep: 20 mins Cook: 1 hr and 40 mins



Easy





### Ingredients

#### Method

100g dripping or butter 900g stewing lamb, cut into large chunks 3 lamb kidneys, sliced, fat removed 2 medium onions, chopped 4 carrots, peeled and sliced 25g plain flour 2 tsp Worcestershire sauce 500ml lamb or chicken stock 2 bay leaves 900g potato, peeled and sliced

Step 1 Heat oven to 160C/fan 140C/gas 3.

Step 2 Heat a little of the 100g dripping or butter in a large shallow casserole dish and brown 900g stewing lamb chunks in batches, lift to a plate, then repeat with 3 trimmed and sliced lamb kidneys.

Step 3 Fry 2 chopped onions and 4 peeled and sliced carrots in the pan with a little more dripping until golden.

Step 4 Sprinkle over 25g plain flour, allow to cook for a couple of mins, shake over 2 tsp Worcestershire sauce, pour in 500ml lamb or chicken stock, then bring to the boil.

- Step 5 Stir in the stewing lamb and kidneys and 2 bay leaves, then turn off the heat.
- Step 6 Arrange 900g peeled and sliced potatoes on top of the meat, then drizzle with a little more dripping.
- Step 7 Cover, then place in the oven for about  $1\frac{1}{2}$  hrs until the potatoes are cooked.
- Step 8 Remove the lid, brush the potatoes with a little more dripping, then turn the oven up to brown the potatoes, or finish under the

grill for 5-8 mins until brown.