goodfood

Leek & potato soup











Ingredients

50g butter	
450g potatoes, peeled and cut into 1cm pieces (try Golden Wonders or Kerr Pinks)	
1 small onion, cut the same size as the potatoes	
450g white parts of leeks, sliced (save the green tops for another soup or stock)	
850ml-1.2litres/1.5-2pts light chicken or vegetable stock	
142ml carton whipping cream	
125ml full-fat milk	
To finish	
the white part of 1 leek	
a small knob of butter	
finely chopped chives	

Method

- Step 1 Melt 50g butter in a heavy saucepan. When it foams, add 450g potatoes, cut into 1cm cubes, 1 small onion, cut the same as the potatoes, and 450g white parts of leeks, sliced and toss them in the butter until they are well coated.
- Step 2 Season well with salt and freshly ground pepper and toss again.Put a disc of greaseproof paper (called a cartouche by chefs) on top of the vegetables to keep in the steam), then cover the pan with its lid.
- Step 3 Cook over a gentle heat for 10 mins, or until the vegetables are soft but not coloured.
- Step 4 Uncover the pan and discard the paper. Pour in 850ml of the light chicken or vegetable stock, bring to the boil and simmer until the vegetables are just cooked about 5 minutes. Do not overcook or the soup will lose its fresh flavour.
- Step 5 Purée in a blender until silky smooth, in batches if necessary, then taste and adjust the seasoning. Return the soup to a clean pan and stir in three quarters of a 142ml carton of whipping cream and 125ml full-fat milk.
- **Step 6** To finish the soup, finely shred the white part of 1 leek and gently cook it in a small knob of hot butter for a few mins until it is softened but not coloured.
- Step 7 Reheat the soup to a gentle simmer (add some extra stock at this point if the soup is too thick for your liking), then pour into warmed bowls.
- **Step 8** Drizzle the remaining cream over each serving, top with a little pile of buttered leeks and a scattering of chives and black pepper and serve at once.



